

Provisional time schedule - 15/12/2011

Registration from 7:30

**BRIEFING : 8.30**

Opening Welcome @ 8:00

12/03/2012		
	Group	
09.00 - 09.20	D	Warm-Up
09.20 - 09.40	C	Warm-Up
09.40 - 10.00	B	Warm-Up
10.00 - 10.20	A	Warm-Up
10.20 - 11.00	C + D	Open track
11.00 - 12.00	A + B	Open track
12.00 - 13.00	C + D	Open track
<b>13.00 - 14.00</b>		<b>LUNCH</b>
14.00 - 15.00	A + B	Open track
15.00 - 16.00	C + D	Open track
16.00 - 16.40	A + B	Open track
16.40 - 17.00	D	Cool-Down
17.00 - 17.20	C	Cool-Down
17.20 - 17.40	B	Cool-Down
17.40 - 18.00	A	Cool-Down

13/03/2012		
	Group	
09.00 - 09.20	D	Warm-Up
09.20 - 09.40	C	Warm-Up
09.40 - 10.00	B	Warm-Up
10.00 - 10.20	A	Warm-Up
10.20 - 11.00	C + D	Open track
11.00 - 12.00	A + B	Open track
12.00 - 13.00	C + D	Open track
<b>13.00 - 14.00</b>		<b>LUNCH</b>
14.00 - 14.40	A + B	Open track
14.40 - 15.10	D	Long Run
15.10 - 15.40	C	Long Run
15.40 - 16.10	B	Long Run
16.10 - 16.40	A	Long Run
16.40 - 17.00	D	Cool-Down
17.00 - 17.20	C	Cool-Down
17.20 - 17.40	B	Cool-Down
17.40 - 18.00	A	Cool-Down

Group	Level	Laptime
A	Racer 1	< 2:10
B	Racer 2	2:10 - 2:15
C	Very Fast	2:15 - 2:20
D	Fast	> 2:20